



Celebrate World Diabetes Day 2014



world diabetes day
14 November

NADA has recently developed two important resources for World Diabetes Day:

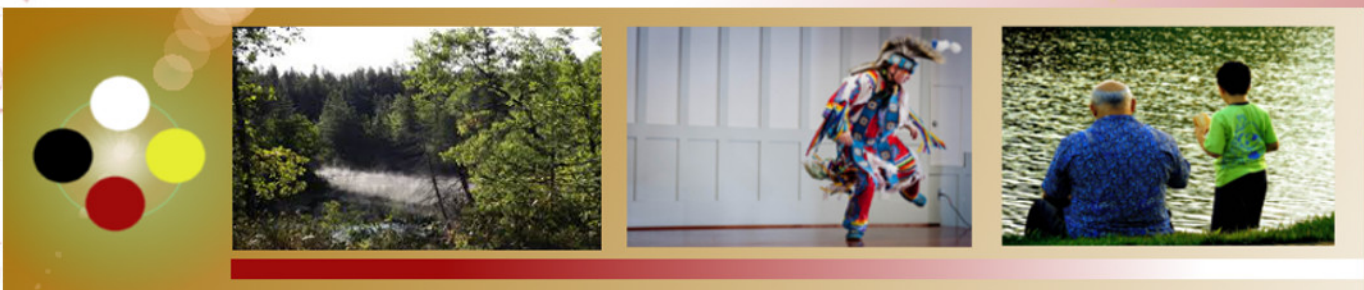
Your Health Matters Calendar available at:
www.nada.ca/calendar/

Four Weeks to a Healthier Lifestyle available at:
www.nada.ca/four-weeks/

NADA encourages you to organize events that promote a healthier lifestyle for World Diabetes Day. For information on how to organize a community event go to:

www.nada.ca/just-move-it/

You can promote your event on the JMI website at: www.justmoveit.org.



SAMPLE POSTER

INSERT A RELEVANT PICTURE OR GRAPHIC

Name of the event: _____

WHO: _____

WHAT: _____

WHERE: _____

WHEN: _____

WHY: _____

INSERT YOUR CONTACT INFORMATION

Name:
Email:
Phone:

INSERT YOUR
LOGO IF
APPLICABLE

Make plenty of copies and distribute at health centres, community centres, band offices, and other public facilities. You can also scan your poster and email or post it on social media sites.

Post info about your event on the JMI Calendar at www.justmoveit.org

